

Physical Therapy Evaluation

Jefferson Elementary · Mark Li · 9 pages

Gait & Stairs

Mark ambulates household distances with a posterior walker and wears bilateral solid-ankle AFOs throughout the school day.

On stairs, he demonstrates a reciprocal pattern with one handrail for up to one flight.

Endurance is limited beyond approximately 150 ft without a seated rest.

Recommendations

- Consider a second handrail accommodation for longer staircases.

- Continue AFO use and periodic gait reassessment.